

# **IMPORTANT**

# **INFORMATION**

# **ABOUT SWINE FLU**

**If you have flu-like symptoms and are concerned that you may have swine flu:**



Please do not go to your GP surgery or to A&E as you may spread the disease.



Stay at home and check your symptoms by calling the national information line.



If you are still concerned call the national treatment line or visit the website.



Preventing the spread of germs is the single most effective way to slow the spread of diseases such as swine flu.



**NATIONAL  
PANDEMIC FLU  
SERVICE**

[www.direct.gov.uk/pandemicflu](http://www.direct.gov.uk/pandemicflu)  
INFORMATION 0800 1 513 513  
TREATMENT 0800 1 513 100

**Flu.  
Protect  
yourself  
and others.**